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PART REFERENCE #	DIE/SIZE	FACESTOCK	OPTIONS	WIND	LINE SCREEN/MISC.	DATE
9231-OMEGA3	D5110 • 3 X 8 • T65	WHITE G	UV FLOOD	WIND-4	133L • EXL	1/23/03
<b>BLACK</b>	<b>PMS 347</b>	<b>PMS 172</b>				
<b>*Note: Colors are representational only, not for color matching. For spot (PMS) colors, use current reference manuals for accurate color</b>						

Living Fuel's Pure D & A is an all-natural dietary supplement that provides a safe and complete source of Vitamin D for everyone in the family. Pure D & A is derived from purified and emulsified fish liver oils mixed with protective natural tocopherols and tocotrienols from rice bran to protect against oxidation. Each softgel capsule contains the same amount of Vitamin D and Vitamin A found in one teaspoon of commercially available Cod Liver Oil. Pure D & A is rigorously tested to ensure that it is free of impurities including PCB's, heavy metals or oxidized contaminants. Pure D & A is the safest and healthiest product of its kind.

Utilize Pure D & A Sunshine Gel Caps in conditions of little to no sun exposure.

DIRECTIONS: As a dietary supplement, take 1 softgel capsule per 50 pounds of body weight per day, or as directed by a health professional. Pregnant women should not take more than 4 softgel capsules per day.

**KEEP OUT OF REACH OF CHILDREN  
STORE IN A COOL, DRY PLACE**



Lot # & Expiration Date:

Exclusively Manufactured  
for and Distributed By  
**Living Fuel, Inc.**  
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**LIVING FUEL<sup>rx</sup>**

**Pure D & A  
Sunshine Gel Caps**

**From Purified and Emulsified  
Fish Liver Oils  
Plus Protective Natural Tocotrienols  
and Tocopherols**

**All Natural Dietary Supplement  
120 Softgel Capsules**

**SUPPLEMENT FACTS**

<b>Serving Size: 1 Softgel Capsule</b>		
<b>Amount Per Serving</b>		<b>% Daily Value*</b>
<b>Calories:</b>	4	
Calories from Fat:	4	
<b>Total Fat:</b>	0.4 g	125
Saturated Fat:	<0.1 g	
<b>Vitamin D</b> (natural form from fish liver oils)	500 IU	125
<b>Vitamin A</b> (natural form from fish liver oils)	1,250 IU	25
d-alpha tocopherol (from Oryza Rice Bran Oil)	1 IU	3
Tocotrienols (gamma, alpha and delta)	1.3 mg	†

\*Percent Daily Values are based upon a 2000 calorie diet  
†Daily Value not established

Other ingredients: Gelatin (from buffalo), glycerin (shell), purified water (shell), and non-GMO soy lecithin (emulsifier).  
DOES NOT CONTAIN wheat, gluten, rye, oats, corn, yeast, egg, sugar, wax, preservatives, casein (or any other milk derivative).