

Nutrition Facts

Servings Per Container 12

Serving Size 2 Rounded Scoops (73.5 g)

Amount per serving

Calories 290

	% Daily Value*
Total Fat 4.6 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 342 mg	15%
Total Carbohydrate 25 g	9%
Dietary Fiber 11 g	39%
Total Sugars 2.3 g	
Includes 0 g Added Sugars	
Sugar Alcohols 2 g	
Protein 30 g	

Vitamin D 25 mcg (1,000 IU)	125%	Calcium 450 mg	35%
Iron 8.8 mg	49%	Potassium 1188 mg	25%
Vitamin A (Mixed Carotenes) 2,500 IU	50%	Vitamin C 517 mg	574%
Vitamin E 120 IU	400%	Vitamin K 100 mcg	83%
Thiamin 50 mg	4170%	Riboflavin 35 mg	2690%
Niacin 75 mg	470%	Vitamin B6 35 mg	2060%
Folate 700 mcg	175%	Biotin 400 mcg	1330%
Vitamin B12 300 mcg	12500%	Choline 250 mg	45%
Pantothenic Acid 125 mg	2500%	Zinc 7 mg	65%
Magnesium 300 mg	70%	Copper 0.5 mg	55%
Selenium 35 mcg	65%	Chromium 50 mcg	140%
Manganese 2.5 mg	110%	Molybdenum 25 mcg	60%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Organic Pea Protein Isolate, Organic Rice Protein Concentrate, Organic Freeze-Dried Barley Grass Juice, Organic Chia Seeds, Organic Rice Bran Fiber, Organic Oat Bran Fiber, Calcium (Lactate Anhydrous), Potassium (Citrate Anhydrous), Magnesium (Citrate Anhydrous), Sunflower Lecithin, Glycine, Korean Chlorella (*Chlorella vulgaris*), Hawaiian Spirulina Blue-Green Algae (*Cyanobacteria*), Choline Bitartrate, Inulin (FOS), L-Glutamine, Mannitol, Hardwood Xylitol, Organic Vanilla Flavor, Vitamin C (Ascorbic Acid), Organic Freeze-Dried Broccoli, Organic Freeze-Dried Spinach, Organic Freeze-Dried Kale, Organic Freeze-Dried Carrot, Organic Freeze-Dried Beet Root, Inositol, L-Leucine, L-Lysine HCl, MSM (Methylsulfonylmethane), NAC (N-Acetyl-L-Cysteine), Organic Marshmallow Root, Organic Nova Scotia Dulse (*Palmaria palmata*), Organic Icelandic Kelp Leaf (*Laminaria digitata*), Taurine, Sea Salt, Vitamin B-5 (D-Calcium Pantothenate), Trace Minerals (from inland sea water), Organic Stevia Leaf Extract (Reb-A), Organic Astragalus Root, Vitamin E (D-Alpha Tocopheryl Succinate), Organic Dandelion Root, Organic Green Tea, Nucleotides Extract 75% (Glutamate-Free), Organic Ginger Root, Organic Milk Thistle Extract, Quercetin Dihydrate, Vitamin K-2 (MK-7 All-Trans Menaquinone-7), Enzymes (Protease, Amylase, AstraZyme™, Alpha Galactosidase, Beta Glucanase, Cellulase, Hemicellulase, Lipase, Pectinase, Peptidase, Glucoamylase, Invertase, Lactase, Malt Diastase, Phytase, Xylanase), Vitamin B-1 (Thiamine Diphosphate), Vitamin B-3 (Niacinamide), Organic Turmeric, Vitamin A (Mixed-Carotenes), Zinc (Lactate), Organic Ginkgo Biloba Extract, Lycopene, Fumaric Acid, L-Malic Acid, Vitamin B-6 (Pyridoxal-5-phosphate), Whole Grape Extract, Vitamin E (Mixed-Tocopherols/Tocotrienols), Vitamin B-2 (Riboflavin-5-phosphate), Manganese (Gluconate), Boron (Borate Citrate), Coenzyme Q10, Glutathione (Reduced), R-Lipoic Acid, Vitamin B-12 (Methylcobalamin), Resveratrol Extract, Curcumin (BDM30™), Lutein, Selenium (Selenomethionine), Fulvic/Humic Acids, 5-Methyltetrahydrofolate (Folate), Probiotics (*Bifido longum*, *L. acidophilus*, *L. rhamnosus*), Biotin, Bamboo Extract (*Bambusa vulgaris*), Copper (Gluconate), Vitamin D-3 (Vegan Cholecalciferol), Astaxanthin, Vitamin K-1 (Phytonadione), Zeaxanthin, Folate-5MTHF (5-Methyltetrahydrofolate), Chromium (Nicotinate Arginate), Vanadium (Vanadyl Sulfate), Molybdenum (Sodium Molybdate).



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