

Nutrition Facts

Servings Per Container 12

Serving Size 2 Rounded Scoops (80 g)

Amount per serving

Calories 320

% Daily Value*

Total Fat 5 g 6%

Saturated Fat 1 g 5%

Trans Fat 0 g 0%

Cholesterol 0 mg 0%

Sodium 320 mg 14%

Total Carbohydrate 31 g 11%

Dietary Fiber 10 g 36%

Total Sugars 5 g

Includes 0 g Added Sugars

Sugar Alcohols 4 g

Protein 30 g

Vitamin D 25 mcg (1,000 IU) 125%

Iron 8.8 mg 48%

Vitamin A (Mixed Carotenoids) 2,500 IU 50%

Vitamin E 120 IU 56%

Thiamin 50 mg 4170%

Niacin 75 mg 47%

Vitamin B12 350 mcg 1456%

Pantothenic Acid 125 mcg 2500%

Magnesium 450 mg 113%

Selenium 35 mcg 63%

Manganese 2.3 mg 110%

Molybdenum 25 mcg 60%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Organic Pea Protein Isolate, Organic Rice Protein Concentrate, Organic Freeze-Dried Cranberries, Organic Chia Seeds, Glycine, Organic Freeze-Dried Raspberries, Organic Freeze-Dried Wild Blueberries, Organic Rice Bran Fiber, Organic Oat Bran Fiber, Calcium (Lactate Anhydrous), Potassium (Citrate Anhydrous), Organic Erythritol, Hardwood Xylitol, Magnesium (Citrate Anhydrous), Sunflower Lecithin, Choline Bitartrate, Organic Freeze-Dried Strawberry, Inulin (FOS), L-Glutamine, Organic Mixed Berry Flavor, Vitamin C (Ascorbic Acid), Inositol, MSM (Methylsulfonylmethane), L-Leucine, L-Lysine HCl, Korean Chlorella (Chlorella vulgaris), Hawaiian Spirulina Blue-Green Algae (Cyanobacterium), Taurine, NAC (N-Acetyl-L-Cysteine), Organic Marshmallow Root, Organic Nova Scotia Dulce (Palmaria palmata), Organic Icelandic Kelp Leaf (Laminaria digitata), Organic Astragalus Root, Organic Dandelion Root, Organic Ginger Root, Organic Milk Thistle Extract, Quercetin Dihydrate, Sea Salt, Nucleotides Extract 75% (Glutamate-Free) Organic Mixed Berry Extract, Vitamin B-5 (D-Calcium Pantothenate), Organic Stevia Leaf Extract (Reb-A), Trace Minerals (from inland sea water), Vitamin E (D-Alpha Tocopheryl Succinate), Organic Green Tea, Vitamin K-2 (MK-7 All-Trans Menaquinone-7), Enzymes (Protease, Amylase, AstraZyme™, Alpha Galactosidase, Beta Glucanase, Cellulase, Hemicellulase, Lipase, Pectinase, Peptidase, Glucoamylase, Invertase, Lactase, Malt Diastase, Phytase, Xylanase), Vitamin B-1 (Thiamine Diphosphate), Vitamin B-3 (Niacinamide), Organic Turmeric, Stevia Leaf Extract (Reb-D), Vitamin A (Mixed-Carotenoids), Zinc (Lactate), Organic Ginkgo Biloba Extract, Coenzyme Q10 (Ubiquinone), Lycopene, Fumaric Acid, L-Malic Acid, Vitamin B-6 (Pyridoxal-5-phosphate), Vitamin B-2 Manganese (Gluconate), Whole Grape Extract, Mixed-Tocopherols/Tocotrienols, Vitamin B-2 (Riboflavin-5-phosphate), Glutathione (Reduced), Boron (Borate Citrate), Curcumin (BDM30™), R-Lipoic Acid, Vitamin B-12 (Methylcobalamin), Resveratrol Extract, Lutein, Selenium (Selenomethionine), Coenzyme Q10 (Ubiquinol), Probiotics (Bifido longum, L. acidophilus, L. rhamnosus), Fulvic/Humic Acid, Biotin, Bamboo Extract (Bambusa vulgaris), Copper (Gluconate), Vitamin D-3 (Vegan Cholecalciferol), Astaxanthin, Vitamin K-1 (Phytonadione), Zeaxanthin, Folate (5-Methyltetrahydrofolate 5MTHF), Chromium (Nicotinate Arginate), Vanadium (Vanadyl Sulfate), Molybdenum (Sodium Molybdate)



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